

# Using a Bike Fleet Safely During COVID

## For in-person bike education using shared equipment (i.e. bicycles and helmets)

In order to reduce the risk of transmission of COVID through shared bikes, please follow these additional protocols. These are based on guidance from the [Minnesota Department of Health](#) and the [CDC](#) for school and youth-serving-program settings.

(From MDH) This guidance document outlines the practical application of prevention strategies to reduce the spread of COVID-19 in youth and student programs. **This guidance is applicable to programs authorized to operate by Executive Order 20-74 (PDF)** ([https://mn.gov/governor/assets/EO%2020-74%20Final\\_tcm1055-434913.pdf](https://mn.gov/governor/assets/EO%2020-74%20Final_tcm1055-434913.pdf)) **including youth programs, K-12 schools, colleges, universities, and day camps.** In alignment with this order, programs may operate with a maximum number of 10 people for indoor programs and up to 25 people per group for outdoor activities.

- **Students wash their hands or use hand sanitizer before and after using the bikes.** There is hand sanitizer included in the fleet trailer for this purpose.
- **Assign bikes to students** so that each child only uses one bike for the duration of the time you are using the fleet. This will reduce the number of kids using each bike. Each bicycle in the fleet is numbered. (Ideally, each bike will only be used by one child, though this will not be possible if the number of students exceeds the numbers/sizes of bikes available in the fleet.)
- **Assign one helmet per student.** Helmets can be stored in the plastic bags provided in the trailer to keep them separate from each other. You can label the bags with nametags that are also provided. Alternatively, you can ask students to store them in or near their classroom if there is space (e.g., in a locker or cubby that belongs to them). You can also ask students to bring their own helmets to class.
- **Consider asking students who have their own bikes and helmets to bring them to your classroom or program.** This will cut down on or eliminate the need for sharing equipment. Only an adult or the owner of the equipment should use or move the equipment.
- **An adult must disinfect bikes and helmets between uses** focusing on areas touched frequently (handlebars, grips, hand brakes, seats, quick-releases levers, frames, and helmet buckles). Use an [EPA-approved](#) disinfecting spray and paper towels, such as included in the bike fleet trailer for this purpose.
- **Ensure that students practice social distancing while using the fleet.** Maintain a 6' distance when possible. The fleet trailer has supplies to help you develop visual cues to support physical distancing, including training cones and spray chalk.
  - Use the cones or chalk to designate lanes for skill practice.
  - Use the cones or chalk to indicate where students should stand when listening to instructions or waiting for their turn to ride their bike.
- **When possible, use the fleet outdoors.**
- **Teach and reinforce use of [cloth face coverings](#).** Face coverings may be challenging for students (especially younger students) to wear in all-day settings such as school. Face coverings should be worn by staff and students (particularly older students) as feasible, and are most essential in times when physical distancing is difficult. Individuals should be frequently reminded not to touch the face covering and to [wash their hands](#) frequently. Information should be provided to staff, students, and students' families on [proper use, removal, and washing of cloth face coverings](#). **Adults should use a face covering, children only if they can reliably follow CDC guidance (see below)**

- Staff members working in youth and participant programs are encouraged to wear cloth face coverings during the work day as much as possible.
- Participants/children should wear cloth face coverings if they can reliably wear, remove, and handle the cloth face covering throughout the day. MDH does *not* recommend that children attending child care programs wear cloth face coverings to reduce the risk for transmission unless the provider determines they can reliably wear, remove, and handle masks following CDC guidance throughout the day. Based on the evidence, children are less likely to get sick from COVID-19 and if they do, their cases are typically mild.
- Masking Recommendations for Child Care and Schools: ([www.health.state.mn.us/diseases/coronavirus/schools/masks.html](http://www.health.state.mn.us/diseases/coronavirus/schools/masks.html)).
- Best Practices for Masks: Considerations for People with Disabilities and Special Health Needs (PDF) ([www.health.state.mn.us/diseases/coronavirus/guidemasks.pdf](http://www.health.state.mn.us/diseases/coronavirus/guidemasks.pdf)).
- **Within the program, create consistent groupings of the same staff, volunteers, and participants.** The maximum number of participants per group would be dependent upon the location of the activity, with a maximum number of 10 people for indoor activities and up to 25 people per group for outdoor activities.
- **Staff and students cover coughs and sneezes with a tissue.** Used tissues should be thrown in the trash and hands washed immediately with soap and water for at least 20 seconds. If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older children who can safely use hand sanitizer).