

# Walk to Anywhere Week



## Things to Do on your Walk

Walking is a fun and easy way to be active. There are lots of things you can do when you take a walk. Can you get bingo by doing these items on a walk?

Stop and smell the flowers	Count Bicycles	Try a new route	Walk with a dog	Conduct a walkability audit
Alphabet Game, find things for each letter	Shape Walk: find shapes on your trip	Find a painted crosswalk	Navigate with a map	Look for public art
Spot the squirrels	Identify different trees	 <b>FREE SPACE</b>	Count your steps	Search for Teddy Bears in windows
Wave to a person	Walk and chat with Friends	Jump in puddles	Hunt for rainbows	Geocaching
Play "I Spy"	Sing a song	Listen to the Birds	Pokemon Go	Dance Break