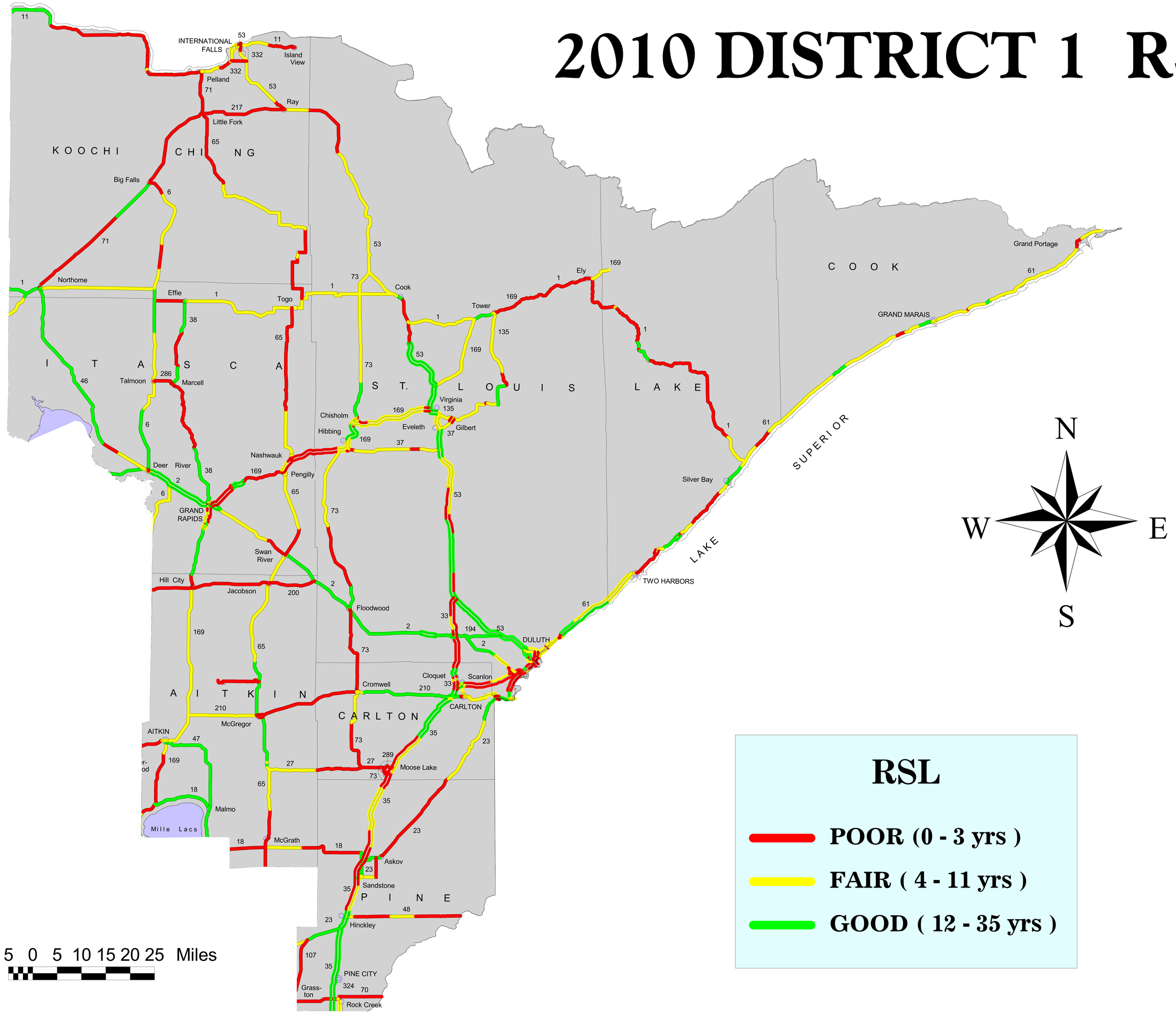2010 DISTRICT 1 RSL