



## Minnesota Department of Transportation

### Office of Freight and Commercial Vehicle Operations

Mail Stop 420  
395 John Ireland Boulevard  
St. Paul, MN 55155-1899

Phone: 651/215-6330

Fax: 651/366-3718

### How do I obtain a Minnesota intrastate insulin - dependent diabetic waiver?

**Step 1:** You must fill out the attached application. You may submit it by yourself, or together with the carrier who will employ you. (If you submit it with a carrier co-applicant, please include the name, address and telephone number of the carrier.) The items listed in steps 2 through 5 must also be included with your application.

**Step 2:** You must make arrangements with a qualified medical examiner and submit to a "DOT" medical examination to assure that you have no other disqualifying medical conditions. (If you do, you may not be eligible for a waiver.)

Upon completion of your exam, you must return a copy of the examination, and also include a copy of the Medical Examiner's Certificate (Health Card) with your application.

If this waiver is approved, it will expire on the same date as the expiration date of your Medical Examiner's Certificate. Once issued, it is your responsibility to keep your Medical Examiner's Certificate and your Waiver current. The Mn/DOT Office WILL NOT send any notices of expiration.

**Step 3:** The treating physician must complete the attached Physician's Examination Report. Include the completed form with your application.

**Step 4:** An OPHTHALMOLOGIST or OPTOMETRIST must complete the attached Eye Examination Report. Include the completed form with your application.

**Step 5:** Include a photocopy (both sides) of your DRIVER'S LICENSE. If your driving record shows that your driver's license has been suspended, canceled, or revoked within the past three years, you may not be eligible for a waiver. If you have incurred any reportable accidents or certain serious moving traffic violations within the past three years, you may not be eligible. If you have not held a Minnesota driver's license for the previous three years, you will need to include a certified copy (from the state licensing agency) of your driving record from that respective state.

**After these five steps have been fully completed, forward your application to the address above. Mn/DOT will review the information submitted and notify you of its decision within 30 days of receiving all information. There is no provision for a temporary waiver during the application and review process. Please understand that the issuance of a waiver is in no way an automatic event. We must be satisfied that highway safety will not be compromised. If a waiver is issued, you must comply with its terms and conditions. Failure to do so will result in the revocation of the waiver.**